



FOR YOUTH DEVELOPMENT  
**FOR HEALTHY LIVING**  
 FOR SOCIAL RESPONSIBILITY

# POOL 2 SCHEDULE

## LAWTON FAMILY YMCA

### POOL 2 Schedule Winter 2012

Schedule begins on January 1st and is subject to change without notice.

The far side of the pool is reserved for lap swimming and water walking every day of the week.

For the convenience of our members the pool is kept at a temperature between 85 and 87 degrees Fahrenheit.

Pool 2 is closed to recreational swimming during all regularly scheduled activities.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:00-9:00 Open Swim	6:00-9:30 Open Swim	6:00-9:00 Open Swim	6:00-9:30 Open Swim	6:00-9:00 Open Swim		
						8:00-11:30 Open Swim	
	9:00-10:00 Splash & Tone		9:00-10:00 Splash & Tone		9:00-10:00 Splash & Tone		
		9:30-10:30 Aqua Zumba		9:30-10:30 Aqua Zumba			
	10:30-11:30 Water Power	10:30-11:30 AFAP	10:30-11:30 Water Power	10:30-11:30 AFAP	10:30-11:30 Water Power		
	11:30-1:30 Open Swim	11:30-4:00 Open Swim	11:30-1:30 Open Swim	11:30-4:00 Open Swim	11:30-1:30 Open Swim	11:30-1:00 Open Swim	
	1:30-2:30 Aqua Mix		1:30-2:30 Aqua Mix		1:30-2:30 Aqua Mix		
		4:00-6:30 Open Swim		4:00-6:30 Open Swim			
	5:30-6:30 Aqua Dynamics		5:30-6:30 Aqua Dynamics		5:30-6:30 Aqua Dynamics		
	6:30-8:00 Open Swim	6:30-8:00 Open Swim	6:30-8:00 Open Swim	6:30-8:00 Open Swim	6:30-8:00 Open Swim		

**Lawton Family YMCA**  
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